



Annual Vivek Fiesta –Itihaas Utsav 26

“Unsung to Unstoppable – India’s Glory in H.E.R. Story”

H - Honour the Past; E - Empower the Present; R- Redefine the Future

‘A nation’s true progress is reflected not only in its achievements, but in the strength, courage, and the voices of its women.’

Greetings!!

Vivek High School’s History Department is delighted to present an enthralling and inspiring array of competitions for all history enthusiasts. Thus, we cordially invite you to join us at the **Annual Vivek Fiesta – ‘Itihaas Utsav 2026’**—a celebration of strength, resilience, and the remarkable journey of **Nari Shakti**, who has shaped our nation across time. This fest is not just an event—it is a heartfelt tribute to the courage, determination, and achievements of Indian women who have risen against all odds to leave an indelible mark on history.

Through this **Utsav**, we journey through the pages of history, remembering fearless freedom fighters like Rani Lakshmibai and visionary reformers like Savitribai Phule, while also celebrating modern icons such as Kalpana Chawla and Mary Kom, who continue to inspire generations. Exploring **the essence of H.E.R.**, we honour the legacy of the past, celebrate the strength of the present, and inspire a future where empowered women lead with courage and equality. Let us unite in spirit, pride, and purpose to recognise their contributions and celebrate the enduring power of womanhood that continues to shape our nation’s future.

Let’s celebrate the Itihaas Utsav—Where History Echoes Her Story and Shakti Inspires Generations.



Event I – Shakti Vaani: Echoes of Her Power

(Poetry Recitation)

‘ When women speak, history listens. When they rise, nations transform. ’

Women have always been the silent strength behind every era—as warriors, leaders, nurturers, and changemakers. Through this event, students will present poetry that celebrates the spirit of Naari Shakti, bringing to life the courage, resilience, and inspiring journeys of empowered women across time.

Guidelines for Participants:

1) Grade and No. of Participants: 02 participants – One from each Grade 4 and 5

2) Theme: “Naari Shakti – The Power Within”

Poems may be based on:

- Courageous women from history (freedom fighters, leaders, unsung heroes).
- Women in defence, society, or community service.
- Mother as the first teacher and strength.
- Girl child empowerment and dreams.
- Women as nation builders.
- Any creative interpretation of women's strength, courage, equality, and empowerment.

3) Performance Time:

- Duration: 1.5 to 2 minutes
- Must be memorised – No reading from Paper.

4) Language: English / Hindi / Punjabi / Bilingual



5) Costume and Props:

- Proper Formal School Uniform (Mandatory) **OR** Simple, relevant costumes. (Optional)
- Minimal props (safe and meaningful).
- Focus should remain on expression and voice.

6) Criteria for Judgement:

Criteria	Description
Content & Theme Relevance	The poem clearly reflects the theme <i>Naari Shakti</i> and conveys a meaningful message.
Memorization & Fluency	The poem is well memorised and delivered smoothly without hesitation.
Expression & Voice Modulation	Clear pronunciation, appropriate tone, emotions, and voice variation.
Confidence & Stage Presence	Eye contact, body language, and overall confidence while presenting.
Time Adherence	Recitation is completed within the given time limit (1.5–2 minutes).
Overall Impact	Ability to engage the audience and leave a strong impression.

Through Shakti Vaani, we aim to nurture confidence in young voices and inspire them to understand the strength and contribution of women in shaping our society. Each poem will echo the timeless power of Naari Shakti.



Event II – Shield of Honour: Crafting Empowerment

Women's empowerment goes beyond equality—it celebrates the courage, resilience, and contributions of women across history and modern society. In this event, students will design a “*Shield of Honour*”— as a powerful symbol of courage, protection, and the enduring spirit of empowered women.

Guidelines for Participants:

1) Grade and No. of Participants: 02 – One from any two grades - Grade 6, 7, and 8

2) Size and Dimensions:

- Participants will be provided with an **A3-size sheet (297 × 420 mm)** with a standard border.
- The **Shield Design** must be created within the central space, maintaining neat margins.
- The shield should be either drawn prominently or created as a neat cut-out shape and pasted
- **Recommended Shield Size:**
 - **Height:** 20–25 cm
 - **Width:** 14–18 cm (*proportionate to height, maintaining a balanced shield shape*)

4) Materials:

- Thick paper sheets (Will be provided by the school)
- Paints (watercolours/acrylics/poster colours – participants to carry their own)
- Coloured pencils, markers, crayons (participants to carry their own)



5) Prohibited Items:

- No use of hazardous materials (sharp objects, toxic substances)
- No printed/digital images or tracing.
- The design should remain flat, neat, and presentable.

6) Design Requirements:

Each participant must include:

- Name/Title of the Shield.
- Visual Representation reflecting women's empowerment (past, present, future)
- Symbolism (flames, broken chains, books, wings, etc.)
- Slogan/Message
- A Short Write-up (2–3 lines explaining the meaning and values of the shield)

7) **Time Duration:** 1.5 hours (90 mins - On-the-spot competition)

8) Criteria for Judgement:

Criteria	Description
Name/Title of the Shield	Creative and relevant title that reflects the theme of women's empowerment
Creativity & Originality	Innovative design, unique concept, and imaginative presentation
Theme Relevance	Clear and meaningful connection to women's empowerment
Symbolism	Effective use of symbols to convey deeper meaning
Artistic Presentation	Neatness, colour combination, balance, and overall layout
Message & Expression	Clarity and impact of the slogan and short write-up

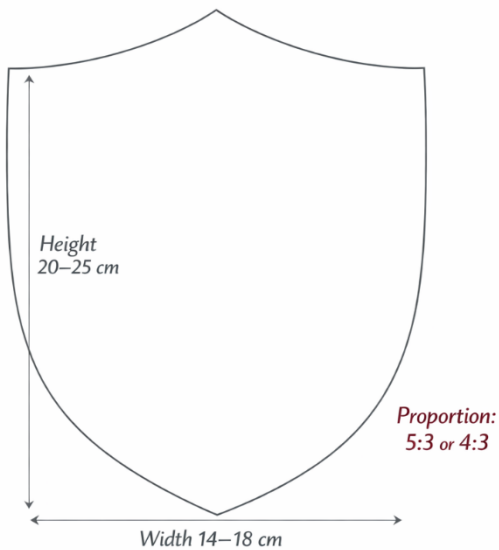
Through this event, we aim to inspire young minds to understand and appreciate the journey of women's empowerment and express it creatively. Each shield will stand as a symbol of respect, strength, and hope for a more equal future.






SAMPLE SIZE OF SHIELD FOR REFERENCE

Shield of Honour

Title/Slogan Here



Space for Short Write-up Here

-  A3 Size Sheet (297 x 420 mm)
-  Keep within the border
-  Follow size: Height 20-25 cm, Width 14-18 cm



Event III – ‘Bharat ki Veeranganon ka Itihaas: Gyaan Manthan.’ **(History Quiz)**

‘Where knowledge unravels the stories of courage and Shakti’

This Gyan Manthan is a celebration of India’s fearless women whose valour and vision have left a lasting imprint on the nation’s journey. This quiz competition honours their extraordinary legacy from ancient to contemporary times, showcasing stories of grit, leadership, and transformation. Participants will embark on a thought-provoking quiz experience that reflects the indomitable spirit and impactful contributions of India’s Veeranganas.

Guidelines for Participants:

1) Grade and No. of Participants:

- 03 Participants – One participant from any three different grades – Grade 9/10/11/12.
- 2) There will be a preliminary round.
 - 3) The selection from the preliminary round will be based on accuracy and speed.
 - 4) Top 4/5 schools will be shortlisted for the final round.

5) Theme Coverage:

- Questions can be based on:
 - ❖ Historical figures (*freedom fighters, reformers*).
 - ❖ Modern achievers (*sports, science, politics, arts*).
 - ❖ Awards, milestones, and contributions of women in contemporary society.

This quiz aims to inspire students to explore and appreciate the powerful journeys of women across time, celebrating their invaluable contributions to society and nation-building.



For further queries, please contact:

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We look forward to your enthusiastic participation as we come together to celebrate the spirit of Naari Shakti and honour the essence of H.E.R story—celebrating the past, empowering the present, and inspiring generations to come.

