

PSYCH FEST 2026-27

27TH APRIL 2026



Get ready to dive into the mind-bending world of VHS Psych Fest 2026, happening during the Vivek High Fiesta!

The masterminds behind this epic event? The brainy students of Class 9, 10, 11, and 12, all under the wise watch of the psychology dept.

This fest aims to bring psychology into the spotlight, supercharge your communication and thinking skills, and unleash your creativity in a flurry of fun!

Brace yourselves for a whirlwind of competitions like roleplay, debate and quizzes, all spinning around the fascinating universe of psychology. The showdown will unfold over three thrilling rounds in a single day. As the day unfolds, only the sharpest minds will advance, and the ultimate group will snag the coveted Psych Fest trophy.

Let the brain games begin!

Participation Details

Each school is required to submit one team comprising:

- 3 students in total
- Maximum 2 students from the same grade

Eligibility: Open to students of Classes XI and XII

Team Composition (per school):

- 2 students from Class XII
- 1 student from Class XI

Round 1

Brain Blitz

- In this round, all teams will have an opportunity to participate. They will receive the psychology syllabi for classes 11 and 12 beforehand to aid in their preparation.
- During the Brain Battle, each team will be required to construct an argument either in favor of or against a specific theory from the syllabus. The assigned stance (for or against) and the theory will be chosen randomly at the event. With 30 minutes to prepare, the teams will aim to present their arguments convincingly to earn the title of Psych Fest champion.

Round 2

Mind in Action

- The teams that ace round 1 will make their way into round 2.
- Here, they'll dive into quirky scenarios, armed with just 5 to 10 minutes to whip up a mini-drama masterpiece.
- Their showtime? A snappy 4 to 5 minutes of theatrical glory!



Round 3

The Championship Round

This is the last and final round, and teams qualifying from Round 2 will get to move on to this round.

Get ready for the quiz extravaganza with three dazzling rounds:

Journey Through Time

Architects of Thought

Decode the Mind

Round 3



The Championship Round

The quiz is divided into three engaging sections:

Journey Through Time

Travel through the evolution of psychology—exploring key schools of thought and understanding how ideas about human behaviour and mental health have developed over time.

Architects of Thought

A tribute to the pioneers of psychology. Identify the influential thinkers whose theories shaped the way we understand the human mind today.

Decode the Mind

Watch, observe, and analyse! As clips from films or series unfold, apply your understanding to identify the psychological condition reflected in the character.

Scoring Criteria

Total Marks - 100



Round 1 – Debate (BRAIN BATTLE)

Content – 10

Clarity – 5

Confidence – 5

Persuasiveness – 5

Total – 25

Round 2 – Role Play

Concept – 10

Expression – 5

Teamwork – 5

Impact – 5

Total – 25

Round 3 (Final round) – Quiz

Total marks - 50

Event Schedule

Registrations – 8.30 am to 9.00 am

Debate – 9.00 am – 10.30 am

Tea Break – 10.30am – 11.00 am

Role Playing – 11.00 am – 11.30 am

Quiz – 11.30 am to 1.00 pm

Lunch – 1.00 pm to 1.30pm

Prize distribution – 1.30pm – 2.00pm

For any further queries, please contact:

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